**Unit-IV/Part-C** 

# Corticosteroids

Presented By;-

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**Specialization:- Pharmaceutical Chemistry** 

# **Corticosteroids**

- Corticosteroids are steroid hormones produced by the adrenal cortex or their synthetic analogs.
- They are derived from cholesterol and play essential roles in regulating metabolism, inflammation, immune response, and electrolyte balance.

# **Classification of Corticosteroid**

#### 1. Glucocorticoids

Mainly affect metabolism, inflammation, and immune response.

#### **Examples:**

- ▶ **Natural:** Cortisol (Hydrocortisone), Cortisone.
- **Synthetic:** Prednisone, Prednisolone, Methylprednisolone, Dexamethasone, Betamethasone, Triamcinolone.

#### 2. Mineralocorticoids

Mainly regulate **electrolyte and water balance** by acting on renal tubules.

#### **Examples:**

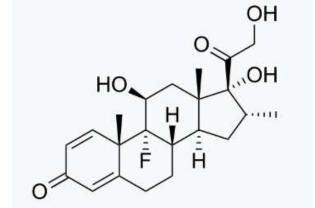
- Natural: Aldosterone.
- **Synthetic:** Fludrocortisone, Deoxycorticosterone acetate (DOCA).

# Table with Mechanism of Action (MOA) and Uses of Corticosteroids

Drug	Mechanism of Action (MOA)	Uses (Working)
Cortisone	Prodrug converted to hydrocortisone in the liver → binds intracellular glucocorticoid receptors → alters gene transcription → inhibits inflammatory mediators (prostaglandins, cytokines).	- Replacement therapy in adrenal insufficiency (Addison's disease) - Anti-inflammatory in arthritis and skin disorders.
Hydrocortisone	Natural glucocorticoid (cortisol) → inhibits phospholipase A2 → ↓ prostaglandins and leukotrienes → reduces inflammation and immune response.	- Acute adrenal insufficiency (Addisonian crisis) - Allergic reactions, asthma, and dermatitis.
Prednisolone	Synthetic glucocorticoid; binds glucocorticoid receptors → suppresses immune cell activity and inflammatory mediator release.	- Autoimmune diseases (RA, lupus) - Asthma, allergies, and inflammatory bowel disease (IBD).
Betamethasone	Potent long-acting glucocorticoid; suppresses cytokine and inflammatory mediator production.	<ul> <li>Severe allergic and inflammatory conditions - Fetal lung maturation in preterm labor (IM injection).</li> </ul>
Dexamethasone	Long-acting glucocorticoid; inhibits inflammatory gene transcription and reduces capillary permeability.	- Cerebral edema (reduces brain swelling) - Severe allergies, shock, and chemotherapy- induced nausea (with antiemetics).

Cortisone

Hydrocortisone



Dexamethasone

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# Thyroid & Anti-thyroid Drugs

**Presented By;-**

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# **Thyroid & Anti-thyroid Drugs**

### **Thyroid Drugs**

▶ Definition: Thyroid drugs are medications that supplement or replace thyroid hormones in the body. They are primarily used in hypothyroidism (underactive thyroid) to restore normal metabolic activity. Examples:
Levothyroxine (T4) – synthetic thyroxine, Liothyronine (T3) – synthetic triiodothyronine.

#### **Anti-thyroid Drugs**

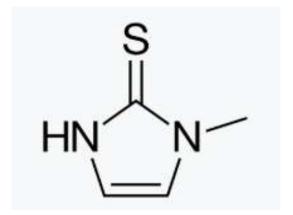
Definition: Anti-thyroid drugs are agents that suppress the synthesis, release, or effects of thyroid hormones, used to manage hyperthyroidism (overactive thyroid). Example: Propylthiouracil (PTU), Methimazole, Carbimazole (prodrug of methimazole).

Drug	Mechanism of Action (MOA)	Uses (Working)
L-Thyroxine (Levothyroxine, T4)	Synthetic T4; converted to active T3 in peripheral tissues → binds thyroid hormone receptors → regulates gene transcription and increases basal metabolic rate.	- Replacement therapy for hypothyroidism (e.g., Hashimoto's disease) Treatment of myxedema coma TSH suppression therapy in thyroid cancer.
L-Thyronine (Liothyronine, T3)	Synthetic T3; directly binds nuclear thyroid receptors → faster onset and higher potency than T4.	- Severe hypothyroidism or myxedema coma (emergency) When rapid action is needed due to shorter half-life.
Propylthiouracil (PTU)	Inhibits thyroid peroxidase (blocks iodination and coupling of tyrosine residues) → prevents T3/T4 synthesis. Also inhibits peripheral conversion of T4 to T3.	<ul> <li>Hyperthyroidism (Graves' disease)</li> <li>Thyroid storm (preferred due to T4→T3 inhibition) Preoperative preparation for thyroidectomy.</li> </ul>
Methimazole	Inhibits thyroid peroxidase, blocking iodination and coupling reactions → prevents thyroid hormone synthesis.	- Hyperthyroidism (Graves' disease) Long-term management of hyperthyroidism Preoperative preparation for thyroidectomy.

Levothyroxine

Propylthiouracil

Liothyronine



Methimazole

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